

TICKLED TROUT AUTUMN MENU

WELCOME TO OUR AUTUMN MENU. RATHER THAN WRITE THE WORDS HOMEMADE AND HANDMADE WHICH YOU WOULD FIND ALL OVER THE MENU, WE WOULD RATHER TAKE THIS OPPORTUNITY NOW TO LET YOU KNOW THAT OUR MENU IS ALL CRAFTED BY OUR CHEFS ON SITE. A LOT OF EFFORT AND PRIDE GOES INTO THE CREATION OF OUR DISHES, WE HOPE YOU ENJOY THE PLEASURE...

A 10% DISCRETIONARY SERVICE CHARGE IS ADDED TO THE BILL, IF OUR TEAM CAN HELP YOU IN ANYWAY PLEASE ASK. OUR AIM IS TO MAKE YOUR EXPERIENCE WITH US THE BEST! LET US KNOW IF ANYONE HAS ANY ALLERGIES OR SPECIFIC DIETARY REQUIREMENTS, WE HAVE SEPARATE MENUS THAT CATER FOR COELIAC ALLERGIES AND A SEPARATE DRINKS MENU.

STARTERS & BAR SNACKS

GREEN SICILIAN OLIVES £3.50

WARM CIABATTA £3.50

SOUP SHOT £3.50

A SMALL CUP OF OUR SOUP WITH CROSTINI

SOUP OF THE DAY £7

WITH TOASTED CIABATTA

HALLOUMI FRIES £8.50

WITH BALSAMIC GLAZE

GARLIC BREAD £3.75

(WITH CHEESE £4.75)

GAMBAS PIL PIL £9.95

CLASSIC TAPAS STYLE KING PRAWNS COOKED IN OLIVE OIL INFUSED WITH FRESH CHILLIES, GARLIC & SMOKED PAPRIKA. SERVED WITH CROSTINIS

WILD BOAR, APPLE & BLACK PUDDING SCOTCH EGG £9.95

SERVED WARM WITH CHUNKY PICCALILLI & PORK CRACKLING

NACHOS SMALL £10/ LARGE £16

CHEESY TORTILLA CHIPS WITH GUACAMOLE, SALSA, SOUR CREAM, MELTED CHEESE & CHIVES

FOR A SPECIAL TWIST ON OUR NACHOS, WHY NOT ADD...

PULLED PORK £14/21 OR SPICY CHICKEN, BACON, RED ONION, PEPPERS £14/21

CHEESE FONDUE £9.95

TRIO OF MELTED CHEESES WITH TOASTED CROSTINIS FOR DIPPING

CURRIED SQUASH & LENTIL SAMOSA £8

WITH HARISSA MAYONNAISE (VEGAN)

LARGE PLATES

STEAK & GUINNESS PIE £22

A PROPER PIE! USING FRESH SHORTCRUST PASTRY SERVED WITH HERBED MASH, CARROT & SWEDE PUREE, GREEN BEANS & OUR RICH GRAVY, HISTORICALLY OUR MOST POPULAR WINTER DISH....

SLOW ROASTED PORK BELLY £20

COOKED LOW AND SLOW... SERVED WITH ROASTED VEGETABLES, ROSEMARY SAUTEED POTATOES, CARAMELISED APPLE BRAISED IN CANTERBURY CIDER AND SMOTHERED IN RICH RED WINE JUS

COD & CHIPS £21

OUR NATIONS FAVOURITE AND HOUSE TOP SELLER THIS SUMMER! BEER BATTERED, WITH SKIN ON FRIES, PEA PUREE & TARTARE

LIVER & BACON £17

SEASONED & FLOURED PAN-FRIED LAMBS LIVER, SMOKY BACON AND LASHINGS OF GRAVY WITH MASHED POTATOES, CRISPY ONIONS, CHANTENAY CARROTS, CRISPY KALE & A SPRINKLING OF CRISPY BACON BITS

FABULOUS FISHERMAN'S PIE £21

HEAD CHEF SIMON'S RECREATION OF THE HUMBLE FISHERMAN'S PIE IS VERY EYE CATCHING INDEED! USING CHUNKS OF SMOKED HADDOCK, COD & SALMON IN A WHITE WINE & GARLIC CREAMY SAUCE BURSTING WITH LEMON & HERB FLAVOURS. SERVED WITH PEA MASH, RUNNY EGG, FRESH MUSSELS, KING PRAWN, SAMPHIRE & TENDER STEM BROCCOLI

FRENCH TRIMMED CHICKEN SUPREME £19

WITH SMOKED BACON, WILD MUSHROOM, PARMESAN & SAGE RISOTTO SERVED WITH GREEN BEANS & BUTTERNUT SQUASH PUREE

EARLY BOAT CATCH OF THE DAY £23

ASK YOUR SERVER FOR TODAY'S FRESH DELIVERY DETAILS FROM THE BOATHOUSE IN ST MARYS BAY

GRILL PLATES

8OZ RIBEYE STEAK £27

SERVED WITH SKIN ON FRIES, GARLICKY WILD MUSHROOMS, ONION RINGS & CHERRY VINE TOMATOES

ADD 2 JUICY KING PRAWNS £3. ADD SAUCE £3 BLUE CHEESE, MUSHROOM OR PEPPERCORN

THE HOUSE CLASSIC CHEESEBURGER WITH BACON £20

TWO 4OZ PATTIES, SMOKED BACON & CHEDDAR CHEESE, SERVED IN A TOASTED BUN WITH SKIN ON FRIES & RED CABBAGE SLAW

CHICKEN SHISH SKEWERS £20

MARINATED IN A BLEND OF SPICES AND GREEK YOGHURT SERVED WITH CORIANDER RICE, FLAT BREAD, SALAD & GARLIC MAYONNAISE

VEGETARIAN PLATES

BUTTERNUT SQUASH & GOATS CHEESE RISOTTO £16

WITH TENDERSTEM BROCCOLI INFUSED WITH CHILLI OIL & ROCKET LEAVES

THAI VEGAN CURRY £17

A DELICIOUS BLEND OF THAI BASIL, GINGER, LEMONGRASS, CORIANDER & CHILLIES
IN A COCONUT CREAM SAUCE SERVED WITH RICE & FLAT BREAD (VEGAN)

SRI LANKAN POTATO CURRY £17

THIS VEGAN FRIENDLY CURRY SOUNDS SIMPLE HOWEVER ITS BLEND OF FRESH
SPICES ARE JUST MOUTH WATERING, SERVED WITH WILD MUSHROOM RICE (VEGAN)

TOASTED PAPRIKA CHICK PEA TACOS £16

WITH GUACAMOLE, CASHEW CREMA, RED CABBAGE, SALSA, SHREDDED GEM
& SWEET POTATO FRIES (VEGAN)

TOASTED CIABATTAS

SERVED WITH SALAD GARNISH & CRISPS

UPGRADE YOUR CRISPS TO FRIES £2, SWEET FRIES £2.50

BACON, BRIE & CRANBERRY £9

HALLOUMI, CHUTNEY & ROCKET £9

FISH FINGER & CHUNKY TARTARE SAUCE £11

CHICKEN, AVOCADO & SWEET CHILLI £9

SAUSAGE, RED ONION & WHOLEGRAIN MUSTARD £10

SIDES

SKIN ON FRIES £4

CHEESY SKIN ON FRIES £5

GARLIC BREAD £3.75

GARLIC BREAD WITH CHEESE £4.75

SWEET POTATO FRIES £4.25

SALAD BOWL £3

BREADED ONION RINGS £4

PIZZA

AVAILABLE MON - FRI 5:30 – 8PM, SAT 12 - 8:30PM, SUN 12-7PM

THE MARGHERITA £12

MOZZARELLA, CHEDDAR, TOMATO

THE SMOKEY £15

CHORIZO, PEPPERONI, MUSHROOM, SMOKED APPLEWOOD CHEESE
& SMOKED PAPRIKA

THE HOT CHICK £14

SPICY CHICKEN, BACON, RED ONION & BELL PEPPERS WITH GARLIC MAYONNAISE

BBQ CHICKEN £14

WITH PEPPERS & RED ONION

THE FOREST £13

WILD MUSHROOMS, SPINACH, GARLIC, PARSLEY & PARMESAN

THE ITALIAN £15

MINI MEATBALLS, PARMA, PEPPERONI, RED PEPPERS, CHERRY TOMATOES
MOZZARELLA & OREGANO

THE FARM £14

GOATS CHEESE, RED ONION, ROCKET & BALSAMIC GLAZE

THE PEPPERONI £14

PEPPERONI, PEPPERONI & MORE PEPPERONI!

THE CAPRESE £14

BUFFALO MOZZARELLA, BASIL, TOMATOES & BLACK OLIVES

FREE DIP WITH EVERY PIZZA

CHOOSE FROM SWEET CHILLI, BLUE CHEESE, HONEY & MUSTARD OR GARLIC MAYO

ADD CHIPS TO ANY PIZZA FOR ONLY £2!

EXTRAS

MUSHROOMS, PEPPERS, RED ONION, SWEETCORN £1.50 EACH

BACON, SAUSAGE, PEPPERONI, PARMA HAM, CHORIZO, SALAMI £2.50 EACH

*VEGAN CHEESE AVAILABLE ON REQUEST £1

TRADITIONAL SUNDAY ROAST

SUNDAY IS A SPECIAL DAY, BRINGING FAMILY AND FRIENDS TOGETHER.

SO WE HAVE PUT EVERY EFFORT INTO CREATING AN AMAZING
TRADITIONAL ROAST DINNER TO MAKE YOUR EXPERIENCE AT

THE TICKLED TROUT

AS PLEASURABLE AS WE CAN.

EVERYTHING HERE IS HOMEMADE AND PREPARED BY OUR KITCHEN TEAM.

OUR ROASTED MEATS ARE SERVED WITH FLUFFED POTATOES ROASTED
WITH ROSEMARY & SAGE, SAUSAGE MEAT STUFFING WRAPPED IN SMOKY
BACON, RED CABBAGE BRAISED IN RED WINE AND DARK SUGAR, CARROTS,
BROCCOLI, GREEN BEANS & MATURE CHEDDAR CAULIFLOWER CHEESE.
WITH YORKSHIRE PUDDING & PORK CRACKLING FOR EVERYONE.

KIDS PORTIONS AVAILABLE WITH £4 OFF LISTED PRICE AND INCLUDES
A SIMPLY FRUIT DRINK AND ICE CREAM OR ICE POLE.

LAMB £22

BEEF £21

CHICKEN £19

PORK £19

NUT ROAST £18

MIXED ROAST £25

**HAVE YOU JOINED OUR MONTHLY DRAW TO WIN A
£50 GIFT VOUCHER?**

ASK YOUR SERVER FOR MORE DETAILS

HAVE GREAT DAY!

Team Trout